

**Acorn Christian Healing Foundation** was founded in 1983 to support and promote the vision of a Church and Nation renewed in the service of Christ the Healer. There are three strands to the vision: listening, healing and reconciliation. Acorn is one of the most experienced providers of listening skills training in the UK. The Director is Rev Dr Russ Parker and Rev Andrew Bradley is Christian Listeners National Coordinator.

If you would like further information about the Foundation, its work and projects, or would like to support the work in prayer by becoming a Friend of Acorn, please contact:

**Acorn Christian Healing Foundation**  
Whitehill Chase, High Street  
Bordon, Hants GU35 0AP  
Tel: 01420 478121  
Email: [info@acornchristian.org](mailto:info@acornchristian.org)  
Website: [www.acornchristian.org](http://www.acornchristian.org)

*Books and courses from Acorn include....*

*Listening*, Anne Long (DLT)  
*A Heart to Listen*, Michael Mitton (DLT)  
*Healing Wounded History*, Russ Parker (DLT)  
*Forgiveness is Healing*, Russ Parker (DLT)  
**Just listen! DVD** with course book:  
suitable for home groups to explore  
listening in our noisy world  
**Log In Listen In DVD** and leaders handbook:  
suitable for young people in youth groups or at school  
**Growing a Healing Ministry** course for churches  
All available from the above address  
or through the Acorn web site



**Acorn Christian Healing Foundation**  
Listening, Healing & Reconciliation

***LISTENING for LIFE***

*Essential skills for a healthier world*

A four session course taking place on

**SATURDAY 3<sup>rd</sup> & 17<sup>th</sup> March**

**9.45am to 4.00pm**

**at**

**St JOHN'S CHURCH  
DEEPCAR SHEFFIELD**

**COST £38**

*including lunch (Concessions available)*

*Led by Acorn Christian Listener  
tutors*

*For application forms and further enquiries contact:*

*Mrs Viv Jeans 0114 288 5138*

[vivjeans@sky.com](mailto:vivjeans@sky.com)

*27 Carr Road, Deepcar, Sheffield S36 2PQ*

## ACORN CHRISTIAN LISTENERS

Christian Listeners is an Acorn Christian Healing Foundation resource offering training in listening attitudes and skills through a variety of courses which are led by trained tutors. There are also DVD courses which do not require a CL tutor - *Just Listen!* for adults and *Log In Listen In* for schools and young people. *Just Listen!* can be a good introduction for all tutor led courses including Listening for Life.

Listening for Life is a four session course, each one building on the one before. It is important therefore to attend every session. The sessions are practical and members of the group will be asked to explore some of their own concerns and experiences in pairs. The course will look at a three-dimensional way of listening:

### Listening to Others

- An awareness of good listening
- The skills of active listening
- An understanding of how such skills can be effective and bring healing in everyday life at home, at work and at church

### Listening to Ourselves

- Learning to quieten ourselves before God
- Becoming aware of our natural listening style
- Exploring our own thoughts and feelings

### Listening to God

- Experiencing different ways of praying: with the Bible, through meditation or silence, and through our own senses including with music and pictures

*"Listening is a ministry that's within: one that everyone can do. It transforms chance conversations into something different."*

A Christian Listeners course participant

*Please detach this page and keep the remainder for yourself*

## APPLICATION FORM – *Listening for Life*

**SATURDAY 3<sup>rd</sup> & 17<sup>th</sup> March**

**At St John's Church Deepcar SHEFFIELD**

NAME & TITLE .....

ADDRESS .....

EMAIL..... PHONE .....

CHURCH .....

*In preparation for this course it will help us to have the following information:*

How did you hear about the course? .....

What opportunities do you have for listening to others? .....

.....  
.....

Should you have any special needs it would help us to know about them; and if you have experienced a recent bereavement or period of emotional stress, please let us know as during this course you may engage with personal issues.

.....  
.....  
.....

I agree/do not agree to my contact details being held in Acorn's databases. *(Please delete as appropriate)*

I enclose cash/cheque for .....to cover the fee

*(Please make cheques payable to: St John's Church Deepcar)*

Signature ..... Date .....

*Please detach and return this form and fee to: Viv Jeans by \_\_\_\_\_*